Product: Total Fitness

Team: Total Fitness inc.org.gov

Release Date: 2023

Revision Number: 1.1

Revision Date: 14/04/2023 (dd/mm/yyyy)

Changes:

(14/04/2023)

Rewrote to make it like the template

Goals:

1. Allow users to keep track of their caloric intake and fitness routines
2. Allow Users to input meals which are then stored and compared to their daily goal
3. Allow users to input workout routines and keep track of past workouts

Scope of Release:

TBD

* Sprint 1
* Theme: Make it
  + 1.1
    - Priority: 1
    - As a user, I want to be able to access this app through the Internet because keeping track of my workouts and calories is tedious with pen and paper
    - [Story Points]
  + 1.2
    - Priority 1,
    - As a user, I want to create a profile that remembers my data.
    - [Story Points]
  + 1.3
    - Priority 1
    - As a user, I want to be able to look back on my old data
    - [story points]
  + 1.4
    - Priority 1
    - As a user, I want to see my info on my profile
    - [story points]
* Sprint 2
* Theme: Make it pretty
  + 1.3
    - Priority 1
    - As a user, I want to be able to look back on my old data
    - [story points]
  + 2.1
    - Priority 1
    - As a potential user, I want to see an impressive home page with info
    - [story points]
  + 2.2
    - Priority 1
    - As a user, I want a clean home page with clear functionality
    - [story points]
  + 2.3
    - Priority 1
    - As a user, I want to be able to edit my information like an email address or other data
    - [story points]
  + 2.4
    - Priority 1
    - As a user, I want a page that clearly displays information regarding nutrition
    - [story points]
  + 2.5
    - Priority 1
    - As a user, I want a page that clearly displays information regarding my workouts
    - [story points]
* Sprint 3
  + Theme: Make it work
  + 3.A1 Nutrition Team
    - Priority 1
    - As a user, I want to be able to enter a meal
      * And see the nutrition breakdown
    - [story points]
  + 3.B1 Fitness Team
    - Priority 1
    - As a user, I want to be able to create and keep track of workouts
    - Story points
* Sprint 4
  + Theme: Make it Interactive
  + Nutrition Team
    - 4.A.1
      * Priority
      * As a User, I want to be able to see information regarding my meals for that day
      * Points
    - 4.A.2
      * Priority
      * As a User, I want to be able to reuse meals without manually re-entering the data
      * Points
  + Fitness Team
    - 4.B.1
      * Priority
      * As a user, I want to see the days I worked out along with some info on the workouts
      * points
    - 4.B.2
      * Priority
      * As a user, I want to be able to save and reuse old workouts
      * points
* Sprint 5
  + Theme: Make it Public and QoL
  + 5.1
    - Priority 1
    - As a user, I want to be able to use the app
    - [story points]
  + 5.2
    - Priority
    - As a user, I need to be able to report issues to the dev team
    - Points
  + 5.3
    - Priority
    - As a dev, I need to know what needs to change according to the user
    - points
* Story X.Y
  + {priority}
  + User story
  + [story points]